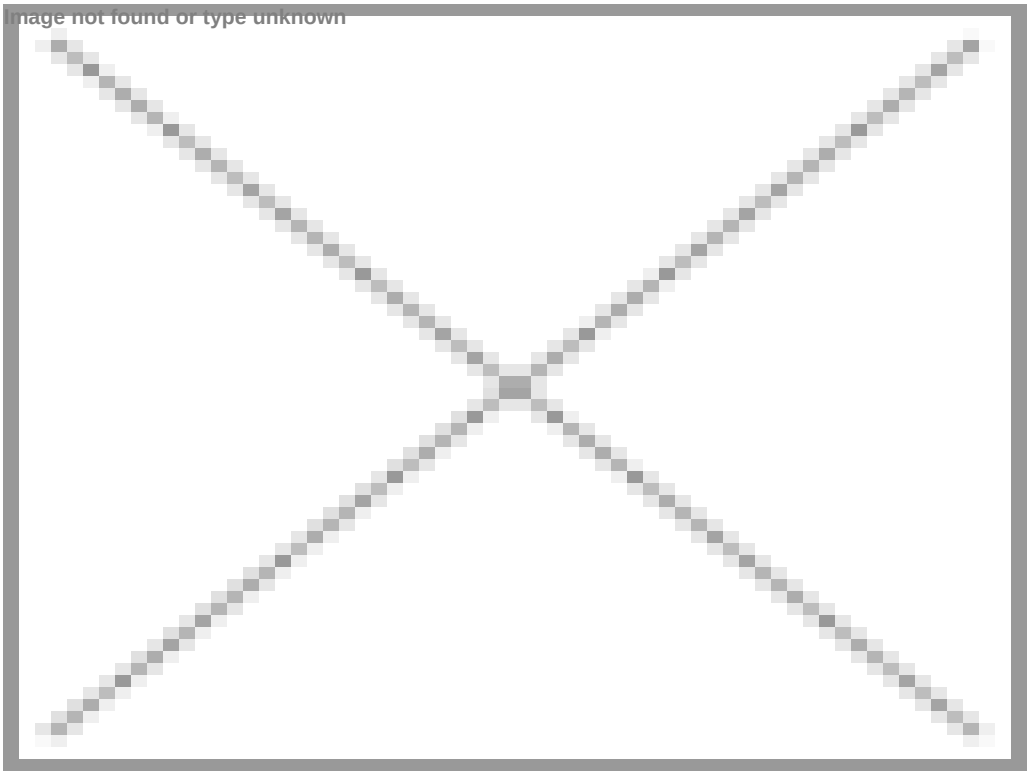
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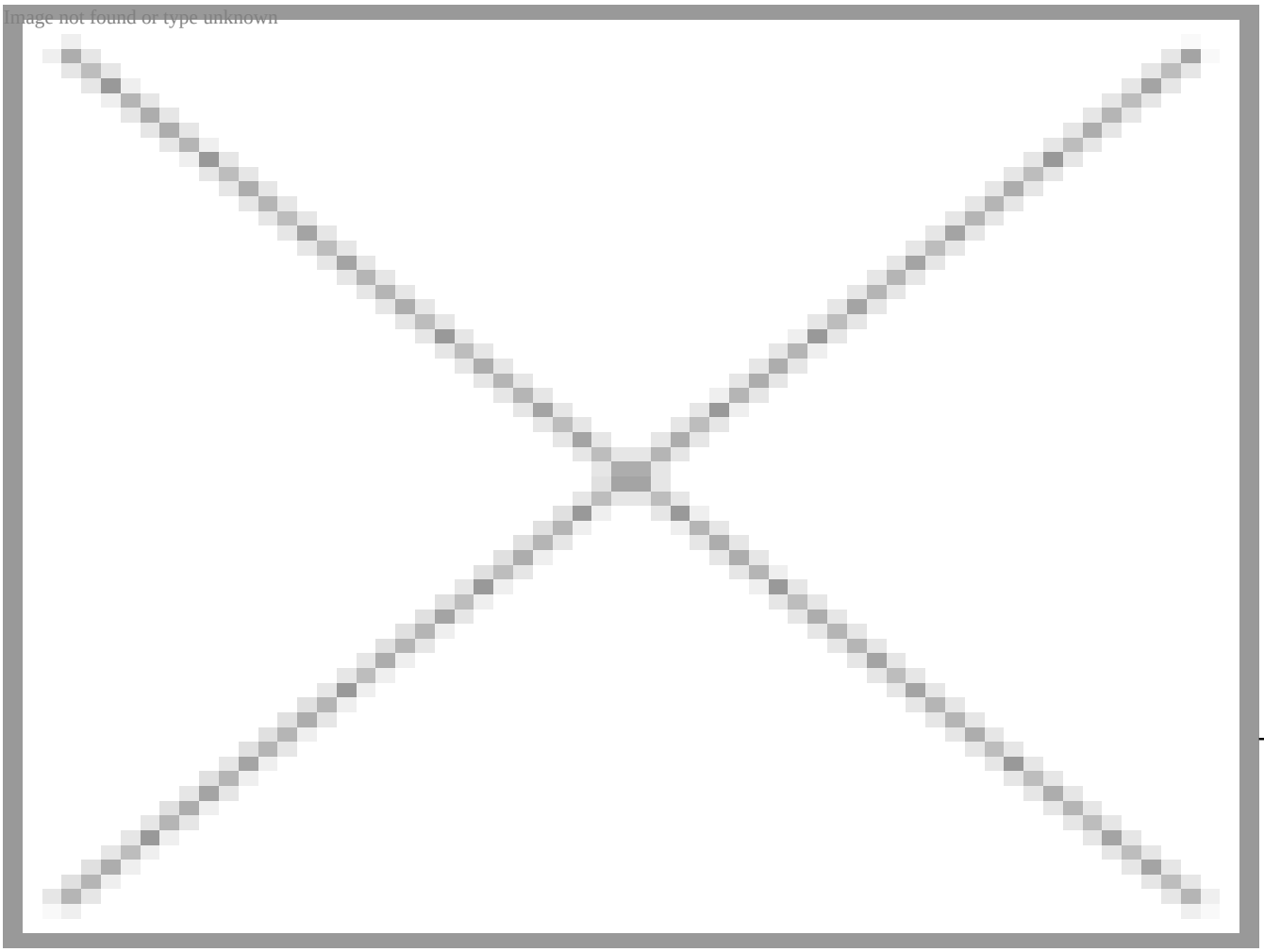
LEVEL 2 COACHES COVER NEW GROUND IN GUATEMALA

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Guatemala City hosted a Level 2 UIPM Coaches Certification Course from October 30 to November 4 in which 18 coaches from schools, clubs and other federations had the chance to learn and better prepared themselves to train Modern Pentathlon athletes of all levels, ages and athletic ability.

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The National Modern Pentathlon Federation of Guatemala arranged the seminar as a second stepping stone to a full knowledge of Pentathlon training, having hosted a Level 1 Coaches Course in 2015. The UIPM's assigned instructor during the week was Kim Raisner (GER), the former Olympian and coach to Olympic champion Lena Schoeneborn.

The seminar was scheduled in separate morning and afternoon sessions, one sport by day and divided between theory and practice sessions.

The 40 hours of course content covered all disciplines of Modern Pentathlon as well as sessions dedicated to General Training Management, Anti-Doping and notions of Exercise Physiology and Sport Psychology.

For more information on the UIPM Coaches Certification system please visit HERE.